

Intent, Implementation and Impact of PE at Booth Wood Primary School



Intent

At Booth Wood, it is our intention to develop all our children's knowledge and interest in PE. When planning for the PE curriculum, we intend for children to have the opportunity, wherever possible, to learn through varied different ways for example having practical lessons and theory based lessons. With all of these experiences it will lead to them being equipped for life and be able to take part in a wide range of sports activities whether that is playing, coaching, reporting or officiating. As our children progress through the year groups, they build on their skills they have learnt and the knowledge they now know. They develop greater independence when playing sports and are able to analyse and give feedback to their peers in lessons. Each year has a knowledge map which is used to help reinforce the key knowledge and skills for each sport that we teach which links straight to the PE national curriculum. These maps help children know what is expected from them at the end of each year so they can set themselves small targets to try and achieve. These knowledge maps also retain the knowledge they have learnt and reinforce key PE vocabulary/rules from each sport. The PE scheme of work we use is Rising Stars and it ensures that children have fun, progressive, and well structured lessons in PE, our curriculum provides the opportunity for progression across the whole of the school but not only physically but mentally too. Booth Wood Primary School believes that Physical Education is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at Booth Wood, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

Implementation

The acquisition of key PE knowledge is extremely important and is linked to our knowledge maps which enable children to learn and retain the important knowledge contained within each sport. The progression of skills for PE is developed through the year groups and enquire different skills for each sport. The progression of these skills are set out in the PE knowledge Map. Each lesson has a clear focus and at the end of the lesson there is always a group discussion to go over what the pupils have learnt in that lesson. Throughout the years the PE knowledge and skills are developed with increasing depth and challenge the greater depth pupils. They complete team activities and individual activities while gaining valuable experience, knowledge and skills for each sport. The pupils are also given lots of opportunities to recap coaching tips where necessary and take part in competitive competitions. The sequence of lessons helps to embed PE knowledge and skills, with each lesson building on the previous lesson. There is also the opportunity to regularly review and evaluate pupils understanding and for our KS2 children to peer assess each other as well as themselves. Our PE lessons are effectively differentiated so that all children have an appropriate level of support and challenge. Our detailed lesson plans from 'Rising Stars' include adult guidance to ensure that teachers are equipped with secure PE knowledge, enabling them to deliver high-quality teaching and learning opportunities.

PE at Booth Wood provides challenging and enjoyable learning through a range of sporting activities including: athletics, invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor

& adventure. The long-term plan, following 'Rising stars Champions', sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.

Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities. After school sport clubs are available four evenings per week.

Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.

Each year a small group of Year 5 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day, and any other Sporting activities.

By the time they leave us, we would like the children to be able to swim at least 25m. To this end, we offer to pay for private swimming lessons for all children in year 6 and for any other child in the school who is entitled to Pupil Premium funding.

All children take part in the "Daily Mile", to help meet the government target of all children being active for at least 60 minutes a day.

Teaching and Learning

At Booth Wood we follow the Rising Stars scheme of work in PE. The teaching and learning in PE is underpinned by our PE principles. These principles will be reviewed annually in consultation with our whole school community. Our principles encourage pupils to recognise the importance of PE and sports which links to a lot of other factors in life such as social skills and mental/physical health. In PE, we teach all of our pupils the importance of teamwork and having a high level of resilience. Our pupils learn lots of different sports every year and they have a chance to take part in lots of after school sports clubs, after school competitions against other schools and lots of interhouse competitions too.

Impact

Progress is measured through a child's ability to know more, remember more, and show more. This can be measured in different ways in different sports. The use of key questions ensures opportunities are built into the lesson for ongoing assessment. Whole-school and parental engagement has been improved through the shared use of knowledge maps. Children who feel confident in their knowledge of PE and skills become excited about their PE lessons and sports clubs which show that they are actively curious to learn more and will see the benefits in the long term of taking part in physical activities.

At Booth Wood, assessment is a process which is undertaken throughout a sport as pupils demonstrate their knowledge, skills and understanding rules/tactics for each sport. At the end of each sport, we do a tournament based lesson which gives the pupils a chance to show their skills that they have learnt. Here we look for teamwork skills, communication skills, can they follow the rules and apply the skills that are needed to compete against other players. Also, our pupils complete a quiz at end of each sport that we cover in PE. This shows how much knowledge and understanding the children have gained in that particular sport. At the end of the academic year, we fill out reports which have different key statements for each year for example 'I throw a ball with accuracy and power as well as catch a ball with two hands'. We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

Monitoring and Evaluation

The subject leader, a specialist sports coach, is responsible for monitoring the quality of education in PE. This is achieved through lesson observations, pupil discussions, questionnaires and CPD courses. Data is analysed at the end of each academic year and a subject report is written. All these things help towards the PE action plan for the next academic year and aid in the reports for each child in PE.

